



# Seattle Bridge Seminar

***Aikido Northshore & Two Cranes Institute***

welcome

**Hiroshi Ikeda, Mary Heiny, Michael Friedl  
Lee Crawford, Kimberly Richardson, Josh Drachman**

**Save the Date!  
SEPTEMBER 14-17, 2017**

Training will begin at 6:30 pm, Thursday evening and end at noon on Sunday.

All classes will be held at Two Cranes Aikido \* 8512 20th Ave NE, Seattle, WA (206) 523-5503.