

Consent and Assumption of Risk Statement

1. I agree that before using the mat or any equipment at the Seattle Aikido Bridge Friendship Seminar, I will inspect the facilities and equipment I use, and if I believe anything is unsafe, I will immediately advise the instructor present and will refuse to participate in training any further.

2. I agree that I know and understand and will follow all safety procedures in using equipment and training weapons at the Seattle Aikido Bridge Friendship Seminar. If there is any question as to what proper safety procedures are, I will specifically ask the instructor at the training area. I acknowledge that I am applying for instruction in a martial art involving strenuous exercise and personal body contact. I have been advised not to attempt any skill level in training or any other activity of which I am not full capable. I realize that the study of aikido requires proper conditioning and training.

3. I fully understand that:

A. There are risks and dangers associated with aikido training including but not limited to bodily injury, communicable diseases, partial or total disability, paralysis and death. In accordance with the law, Aikido Northshore, Inc. and Two Cranes Aikido does not exclude individuals with medical conditions that do not pose a medically recognized threat to the health or safety of other students in the normal course of training. I understand that there are some unavoidable circumstances where these conditions may require special caution on my part to minimize danger to myself or others, and I acknowledge that it is my responsibility to act accordingly.

B. In particular, I understand that some students may be infected with diseases such as HIV/AIDS or Hepatitis-B which can be transmitted by exchanges of blood or other body fluids and that I may be training with them. I acknowledge that I have read and will follow explicitly the Aikido Northshore Inc. and Two Cranes Aikido Blood-and Body Fluid-borne Pathogen Policy, a copy of which is attached to and incorporated in this Release, Consent and Assumption of Risk Statement.

C. There are social and economic losses and damages which could result from those risks and dangers described above which could be severe.

D. These risks and dangers may be caused by my negligence, the negligence of my training partner, or the negligence of others around me who are training or doing any other activity, or by the negligence of the Aikido Northshore, Inc. and Two Cranes Aikido Seattle Aikido Bridge Friendship Seminar or other agents or instructors of Aikido Northshore, Inc. and Two Cranes Aikido.

E. There may be other risks not known or foreseeable at this time which could arise.

5. I EXPRESSLY AND VOLUNTARILY ASSUME ALL RISKS OF DEATH, ILLNESS, OR INJURY SUSTAINED WHILE PARTICIPATING IN OR OBSERVING THE 09 SEATTLE AIKIDO BRIDGE FRIENDSHIP SEMINAR, WHETHER OR NOT CAUSED BY THE NEGLIGENCE OF THE RELEASED PARTIES DESCRIBED IN 7. BELOW.

6. I accept and assume all such risk and responsibility for all losses and damages following any such injury, illness, disability, paralysis or death, however caused or alleged to be caused including injuries caused in whole or in part by the negligence of Aikido Northshore, Inc. or Two Cranes Aikido, its representatives, agents, employees, instructors, or other participants, or owners or lessees of the premises, Two Cranes Aikido including their officers, directors, agents and employees.

I make this agreement on behalf of myself, my heirs, successors, executors, estate, and dependents. By signing this form I am asserting that I am _____ years of age, and that I am an adult.

Participant's Name (printed)

Participant's Signature

Date

Address of Participant

Witness's Name (printed)

Witness's Signature

Date

For Parents or Guardians of Minors

1. We the parents or legal guardian(s) consent to allow this minor individual to participate in aikido training at the Aikido Northshore, Inc. and Two Cranes Aikido 09 Seattle Aikido Bridge Friendship Seminar or at any other location at which Aikido Northshore, Inc. and Two Cranes Aikido may offer training. We will instruct the minor that he or she must inspect the facilities or equipment to be used, and if he or she believes anything to be unsafe, he or she will immediately advise the class instructor and will refuse to participate further in training.

2. We have read and understood each of the foregoing paragraphs and intend to bind ourselves, the minor, and all heirs, successors, executors, the estate, and dependents of said minor, to the terms hereof.

7. I release Aikido Northshore, Inc., Two Cranes Aikido, Mr. Hiroshi Ikeda, Ms. Mary Heiny and other guest instructors of the 09 Seattle Aikido Bridge Friendship Seminar, agents, instructors, employees of and all individuals associated with Aikido Northshore, Inc. and Two Cranes Aikido (herein after referred to as "the released parties") from any and all liability, claims, demands or actions whatsoever arising out of the damage, loss or injury to me while upon the 09 Seattle Aikido Bridge Friendship Seminar premises or while participating in aikido training or any other activities contemplated by this agreement, whether such loss, damage, or injury results from negligence or otherwise.

8. I agree that this Release, Consent and Assumption of Risk Statement covers each and every time that I train or otherwise participate in any activity, listed or unlisted, at the 09 Seattle Aikido Bridge Friendship Seminar or at any other location sponsored by Aikido Northshore, Inc. or Two Cranes Aikido, its agents, employees or instructors.

9. I agree that I WILL NOT SUE OR MAKE A CLAIM AGAINST the released parties as the result of my participation at the 09 Seattle Aikido Bridge or at any other location where training takes place.

10. I agree to INDEMNIFY AND HOLD HARMLESS THE RELEASED PARTIES from all claims, judgments, and costs including attorney's fees incurred in connection with any action brought as a result of my participation in any activity at the 09 Seattle Aikido Bridge Seminar.

11. I understand that aikido is an educational system. I agree to strictly abide by the training rules of the Aikido Northshore, Inc. and Two Cranes Aikido dojo and to follow explicitly all instructions given by instructors during the course of my training. I agree to watch out for others in the training area and while training on the mat and to follow all the rules posted and otherwise explained to me. Should I break any of these rules, I understand that it is the decision of Mr. Ikeda or Ms. Heiny whether or not I may continue training. I will abide by their decision.

12. In signing this agreement I am stating that I know what I am doing, that I take responsibility for my own acts, that I have read carefully and understand this agreement and that I fully agree with each statement contained in this agreement and that I am responsible for myself and will be considerate of others. I am aware that I may have the agreement reviewed by legal counsel.

13. I understand that this Release, Consent and Assumption of Risk Statement is in effect from the moment I arrive until the moment I leave the 09 Seattle Aikido Bridge Seminar, even if I am not training when something happens.

14. I have read and understood, and agree to explicitly follow the Aikido Northshore, Inc. and Two Cranes Aikido Blood- and Body Fluid-Borne Pathogen Policy which is attached and incorporated as if it is fully written out in the body thereof, to this Release, Consent and Assumption of Risk Statement.

15. If any portion of this agreement shall be held to be invalid, illegal or unenforceable to any extent and for any reason by any Court of competent jurisdiction, the remainder of this agreement shall not be affected thereby and shall be enforceable to the full extent permitted by law.

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

Date

Relationship to Minor

Witness's Signature (must be over 18)

Date